

## Surviving Winter Grant Guidelines

To organisations running additional projects throughout the winter months

Local charities and community organisations have a special role in reaching some of the most vulnerable people in our communities, developing trusted relationships and implementing practical support programmes that work. The work of local organisations is often preventative or complementary to statutory services.

**The Surviving Winter Fund** aims to raise money to offer small grants to organisations operating in Cornwall working with people who may be most affected by cold weather. These grants are for additional work over and above normal activities and must be in response to the impact of cold weather on your members or beneficiaries. Please see below the 'Cold Weather Planning Tool' to help you respond to your beneficiaries needs during the winter.

### Who can apply?

Any not for profit organisation -

- Registered charities
- Voluntary groups
- Community groups
- Clubs
- Friends' Associations

Religious groups may apply where the benefit of any project will be to those vulnerable people suffering the most from the cold weather.

### Sorry, but this fund cannot help:

- Statutory/public sector organisations such as health authorities, schools, hospitals, councils such as parish, town or district, or projects or organisations set up to replace a statutory service
- Other grant making organisations or bodies who fundraise or distribute grants on behalf of other organisations
- Regional offices or affiliates of national bodies unless independently constituted
- Individuals

### What are the criteria?

- Your project and beneficiaries must be based in Cornwall
- Your project must target vulnerable people most affected by the cold weather, please see below the 'Cold Weather Planning Tool'
- Your project must be for additional work over and above your normal activities and must be in response to the impact of cold weather on your members or beneficiaries
- All monies must be spent by the **31<sup>st</sup> March 2018** and an end of grant report (provided by CCF) must be completed along with receipts, quotes and Jpeg pictures (if applicable)

### How much can you apply for?

Grants range from £250 - £1,000

### Examples of eligible organisations

- Befriending Schemes
- Meals on Wheels
- Homeless Shelters

# Cold Weather Planning Tool

This Cold Weather Planning Tool is to help you think through how you might be able to respond to your beneficiaries needs during the winter and identify how a small grant up to £1,000 may assist you with this.

These guidelines are designed to help you think through who is most vulnerable and how you might respond.

## Who is vulnerable to cold weather?

Certain groups are particularly vulnerable:

**Older people** – especially those that are not very active or become less so, do not eat enough, have other illness or those living on their own and are socially isolated.

**Babies and young children** – they lose heat quickly in a cold room, as they cannot regulate their body temperature as well as older children.

**People with certain health conditions e.g. heart conditions, hypothyroidism, stroke, severe arthritis** – cold conditions can increase risk of heart attacks, strokes etc. or change the body's ability to stimulus e.g. by affecting the fingers and toes (where they may feel cold).

**People taking medicinal or recreational drugs** – these may interfere with the body's ability to regulate temperature.

**Mental health e.g. dementia, mental illness, learning difficulties** – may not recognise symptoms of cold weather or be unable to adapt behaviour to keep warm.

**The homeless and those living in very poor housing** – people who are unable to find adequate shelter or are living in very poor accommodation, at risk of hypothermia, early stages of frostbite or exacerbating other illnesses.

## How can you respond?

This list is not exhaustive, but actions might include:

- Increase your regular activities
- Increased transport costs (e.g. provide taxis to ensure people can reach your services)
- Targeted visits during extended cold weather (befriending service)
- Check beneficiaries have enough food and are warm enough
- Provide warm meals (e.g. Meals on wheels service or provide hot meals at your activities)
- Advise carers of potential impacts of cold weather (workshops)

If you have any enquiries regarding this fund please contact CCF on 01566 779333 or by e-mailing [grants@cornwallfoundation.com](mailto:grants@cornwallfoundation.com).

**Please complete the application form 'Organisations Running Additional Projects Throughout the Winter Months', for your project to be considered and send along with a copy of your signed Constitution and a signed written reference to the Cornwall Community Foundation (CCF) – Surviving Winter, Suite One, Sheers Barton, Launceston, Cornwall PL15 9NJ.**

For more information about the CCF please view our website [www.cornwallfoundation.com](http://www.cornwallfoundation.com) and for updates regarding CCF's grant programmes and developments please follow us on:

